

Framework of Family Values

The Framework of Family Values helps to identify the values you and other members of your family feel are important and is intended to be the foundation to which your family creates household rules, individual boundaries and serves as a waypoint to refer to for difficult life decisions.

As you prepare to formulate your family values, consider the following:

1. What do you believe in?
2. What makes life meaningful to you?
3. What do you want to pass on to the next generation?
4. What is truly most important to you?

STEP 1: Pick out the frame

Circle ten characteristics which best describe how you want your family to be.

Christ-Centered	Easy-Going	Peaceful	Free	Self-Reliant
Compassionate	Productive	Independent	Empathetic	Autonomous
Venturesome	Soft-Spoken	Integrity	Just	Tolerant
Well-Behaved	Cooperative	Caring	Helpful	Thrifty
Collaborative	Balanced	Fun	Playful	Likeable
Successful	Courageous	Fair	Polite	Generous
Conservative	Kind	Spiritual	Decent	Sharing
Well-Mannered	Supportive	Engaging	Civilized	Reasonable
Significant	Talkative	Meaningful	Creative	Grateful
Accommodating	Serving	Disciplined	Healthy	Proper
Trustworthy	Energetic	Gracious	Reverent	Strong
Respectful	Gentle	Virtuous	Moral	Warm
Affectionate	Charitable	Educated	Natural	Sobriety
Accepting	Winning	Patient	Open	Honest
Loving	Wholesome	Humorous	Devoted	Liberal

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STEP 2: Select the Matting

1. Choose five of the ten family values most important to you. Write the value in the values column.
2. In the behaviors column, write a sentence or two describing the behaviors needed to model this value.

Example:

Value: Integrity

Behaviors: I will treat others with dignity and respect and treat others as I want to be treated. I will listen to what others have to say and will not judge, I will ask others for help, and I will tell them I value them.

Individual Values	Behaviors to Model
VALUE 1 Define:	
VALUE 2 Define:	
VALUE 3 Define:	
VALUE 4 Define:	
VALUE 5 Define:	

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STEP 3: Add the picture

1. With your significant other (if applicable), discuss your values.
2. Consolidate both of your values into five values you will build your family around.
3. Write the name of the value and write a detailed description of the behaviors of that value.

As parents, it is necessary for us to guide our family using the values we believe to be important and necessary for our success. These values are the foundation of our family, our beliefs, and our relationships.

Our Family Values
FAMILY VALUE 1
FAMILY VALUE 2
FAMILY VALUE 3
FAMILY VALUE 4
FAMILY VALUE 5

AGREED TO BY: